



A community newsletter funded by Mabe Youth and Community Project and Mabe Parish Council to provide news, share views and publicise events. Printed by Booths Print, Penryn.

Mabe School appoints interim Head

Mabe Community Primary School has appointed an interim Head, following the departure of Mr Paul Hayes as Head.

Mr Simon Bishop is an experienced headteacher and has led three Cornish primary schools during his career. He has also worked as an Ofsted inspector and as a School Improvement Partner for Cornwall Local Authority.



Interim Head of Mabe School, Simon Bishop

In a letter to parents, Mr Bishop said, "I had a look around your wonderful school and was impressed

by the excellent facilities, the caring atmosphere and the hard work which is going on in your school."

"Change is rarely easy, but schools need to grow and I am very happy to be part of this process at Mabe Primary School. In doing so, it will be important to build on the achievements of the past, the talent which is in the school staff, the strong parental support and the good behaviour and attitudes of the pupils."

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Penryn college rated second best school in Cornwall

According to the government's latest league tables, Penryn College is the second best school in Cornwall.

Ratings are determined by a school's score in the Progress 8 measure, which is used to assess how much pupils have improved during their time at the school and are based on pupils' performance in eight qualifications.

Mabe's recycling rates are some of the highest in the county

In terms of recycling we are doing well in Mabe. We are 19th out of a total of 122 towns and parishes across Cornwall. However we are still only recycling 30% of the total waste which is collected from the kerbside (Feock & Playing Place are top with 40%) so there is certainly room for improvement.



Cllr Tessa Kingsley observed Cornwall's waste being recycled at CERC

I was lucky enough to have a trip to CERC, the Cornwall Energy Recovery Centre (aka the incinerator) and Bodmin Recycling Centre a few weeks ago. Not a hint of sarcasm there – it was a really fascinating visit and I would recommend it if you get the chance to go. Not only does it show you

clearly where your rubbish is heading, and I believe we should all take responsibility for where our rubbish ends up, but it's also very reassuring as I realised that many of the myths surrounding recycling are just that... myths.

Here are my top 10 facts which I learned about waste management in Cornwall:

1. A whopping 99% of the recycling collected from the kerbside in Cornwall is actually able to be recycled. Wow - so we're putting out the right stuff, but more of us need to be doing it.

2. Coloured plastics are perfectly recyclable. It is only black which is the problem, so try to avoid buying black plastic tubs altogether. Even those Heroes and Quality Street tubs are fine.

3. Plastic milk bottle tops are fine, but it's best to squeeze the air out first because they pop all over the place when the bottle is squashed at the plant.

4. Plastic film is a big no-no. In fact any thin plastic which you can crumple up in your hand is not recyclable – eg bags, and the film on the top of dips or prepared salads.

5. Juice and food cartons are not currently accepted for kerbside recycling. You can take them to the Longdowns tip instead, although you may decide it's better to buy plastic to avoid an

extra journey. I've swapped back to buying tins of tomatoes instead of cartons.



6. Bags of textiles can be left out with your recycling and do not have to be labelled.

7. There are no landfill sites left in Cornwall. Not one. All of our domestic non-recyclable waste is incinerated at the St Dennis plant, which then recovers the heat and exports around 16 megawatts of electricity.

8. Your plastic recycling is dealt with properly in Cornwall. Yes, it really is – I saw it. It doesn't get shipped abroad and it doesn't

end up in the oceans.

9. It is plastic which is not disposed of properly which is the problem. We've all seen discarded plastic bags and bottles in the countryside. They end up in streams and rivers and are then swept out to sea.

AND FINALLY...

10. Over half of Cornwall's commercial and industrial waste still has to be transported out of the county. That's not good, but there isn't enough capacity to treat it at CERC. However, if we reduced the amount of domestic waste at CERC, they could treat more of the commercial stuff. So we really do need to buy less and recycle more. Let's improve our ranking and overtake Feock!

Cllr Tessa Kingsley



Mabe Brownies enjoyed a day out at BF Adventure during half term, where they had a go on the climbing wall and the giant catapult

Tales from the stage

More actors please!

Panto rehearsals have started well under our new directors and the Emperor of Mabe's New Clothes looks on target to be another success. We still have room for a few more actors and behind the scenes crew, so if you thought you would like to take part but you missed your chance- get in touch with Jackie, 01209 861697;

j.frost384@btinternet.com

Mystery of the Missing Horse

The second Mabe pantomime, Snow White and Seven Divas, performed at the WI hall in 2016 featured the first performance by Flicka the pantomime horse. Her popularity meant that she was due to appear the following year in the Pied Piper of Primelin.

However, she had disappeared. We searched for her in every cupboard, every loft and every corner of Mabe. But we had to accept she had gone. Although she was sorely missed, there were 3 more successful pantomimes with no horse.

Just when we were coming to terms with our loss, in September this year, a box appeared on the doorstep of Barbara, one of our members, addressed 'To the Mabe Panto Wardrobe Department.' It contained Flicka, alive and well and this cryptic note: "To



Flicka the panto horse will be back in 2020!

whom it may concern: Flicka ran away and joined us at the circus. But Flicka ate too much and is no good at tricks. So now we have dropped her home. YOU CAN KEEP HER!"

We have been unable to solve this mystery, but watch out for the welcome Return of Flicka in "The Emperor of Mabe's New Clothes" in March 2020. JF

Christmas Charity

This year give someone in need a Merry Christmas! Instead of (or as well as!) having an Advent Calendar, each day between 1st and 25th December, you could put one grocery item into a box then take the full box to the Foodbank - ASDA take donations whenever they're open (oh yeah, and please put your green tokens in the (yellow) St Laudus Church Roof appeal charity slot at the checkout!) Rev Steve



School donates to Food Bank

During this year's Harvest Assembly, Mabe School collected 148kg of food for the Penryn and Falmouth Foodbank.

These donations are always welcomed by our clients in crisis, especially during the winter months when often fuel bills are so high that affording food can become impossible.

Without donations such as yours we would not be able to help people in this area who have an emergency need to provide for themselves and their families.

Our foodbank is part of the Trussell Trust's network of 428 foodbanks, working to tackle food poverty and hunger in our local communities, as well as across the UK.

Speed activated sign stats

A member of the Parish has kindly forwarded Mabe Matters a copy of the statistics produced from the speed activated sign on Antron Hill.

The data is for the period October 1st 2018 to August 31st 2019 and shows that the sign counted 560,618 vehicles in total, of which 70.94% were travelling at under 30mph, 27.31% were travelling at between 31-40mph, and 1.75% were going over 40mph.

1.75% may not sound a lot, but

equates to 9826 speeding vehicles.

Just a thought...



With a General Election coming up, I've been thinking about how we judge who to vote for. We judge people all the time of course, on how they look, what they stand for or how they make us feel.

Ahead of Christmas I've been thinking about the birth of the man who judged people by how much they showed love and care.

Some say Jesus is the ultimate judge because he knows what each of us has gone through in life, what we face each day, what our hopes and fears are for the future, what he sees in our hearts as he looks into our eyes...

When making important judgments I've always thought it's a good thing to listen to what's in my own heart, to notice how much (or how little) I'm thinking of other people's good as much as my own. And when it comes to electing politicians, I try to judge not only by what they say and do, but also by what I see in their eyes and what that tells me about what is in their hearts.

Have a very Merry Christmas and a Happy New Year! - however you vote.

Much love, Steve Smith

Can you help? Have you an hour to spare?

Falmouth Age Concern is a small, independent, local charity helping isolated and lonely elderly people in Falmouth, Penryn and surrounding areas.

We have been running our befriending service successfully for over 15 years and have now expanded into your area.

Our primary purpose is to alleviate loneliness and improve well-being amongst the elderly. We also run a number of clubs, classes and social events during the year for anyone over the age of 65.

- Do you know an elderly person who may be lonely, is isolated or housebound and who would benefit from seeing a friendly face?

- Do you have an hour to spare to maybe visit someone in your community who is in need of some company, talk with and listen to while having a cup of tea?

It really is that simple to make a huge difference to someone's life so if you feel you can help in any way we would love to hear from you.



Please contact the office on 01326 313620 or email: falmouthbefriending@btinternet.com.

Many thanks, FAC

WI enjoy RNLI trip

The members of Mabe W.I. have enjoyed a busy time recently. A group of ladies had a guided tour of the RNLI station in Falmouth at the end of October, when they learned all about the life-saving history of the port and went aboard the "Richard Cox Scott" Severn class all-weather lifeboat. Our visit provided us with an insight into the workings of our marvellous RNLI and the volunteer crew who turn out in all weathers to save lives.

The guest speaker at our November meeting was an old friend, David Cox, who gave us an entertaining and intriguing tour of Cornwall through the lens of his camera. A lot of the locations were new to us, and even when we recognised the place, David provided us with some local history to bring it to life.



With the arrival of the New Year, why not give the WI a try? Our January meeting will be on Tuesday 7th January, starting at 7.30pm. The speaker will be Kevin Thomas from Radio Cornwall, who will be speaking on a subject we all find engrossing: Cornish Weather!

If you would like a lift, or just want to know more, please ring Liz on 01326 372978. We would love to meet you!

Eileen Bennet

Please send details of events happening within Mabe civic parish in Feb/Mar to mabematterseditor@gmail.com by 15 January 2020. Venue details:

- Mabe Community Hall, Cunningham Park (375938 or mabeypc@gmail.com)
- Mabe Community Primary School, Cunningham Park (secretary, 372662)
- Mabe Parish Church (St Laudus), Church Road, towards Higher Spargo (administrator, Pauline Cheshire, 340425)
- Mabe WI Hall, Antron Hill (bookings, 372477)

Weekly Events

Mon Short Mat Bowls Club, Community Hall, 2-4pm. Contact Keith Bryant, 373102.

Cardio Box/Fitcamp Class, WI Hall, 6.15-7.15pm. Contact Ali or Carmela, 07988 140745.

Mabe Keep Fit Club, WI Hall, 7.30pm.

Open Water Swimming, Kernow Adventure Park, 6-8pm. Contact, 07817 662 962

Tues Age Concern Luncheon Club, Community Hall, 12.30-2pm. Contact Community Hall (11.30-12.30pm), 377475.

Slimming World, Community Hall, 4.30 & 6.30pm. Contact Pam Mundy, 01209 204743 or 07503 945600.

Nature Playgroup, Chyan Community Field, 10am-12pm term time. Contact Alice, 07576 748450.

Wed Short Mat Bowls League (winter only), Community Hall, 2-4pm. Contact Keith Bryant, 373102

Daisy's Yoga, Chyan Cultural Centre, 6-7pm. Contact Daisy, 07837 879876

Thurs Kernow Huffa Puffas, a support, exercise and social group for people with COPD and their carers, 10am-12pm, Community Hall. Contact Trish, 07814 911406 or Rick, 07599428364.

Carpet Bowls Club, Community Hall, 2-4pm. Contact Arthur Searle, 377088.

Brownies, Community Hall, 6.15-8pm. Contact Jackie Williams, 372863.

Aikido, Japanese martial art, beginners welcome, 7-9pm, Mabe School. Contact Jamie Matthews, 375336.

Fri Short Mat Bowls Club, Community Hall, 2-4pm. Contact Keith, 373102.

Sun Trenoweth Methodist Church, Community Hall, 10.45am-12pm. Contact Margaret Bryant, 373102.

Mabe Parish Church (St Laudus), with St Michael's Church, Ponsanooth – please see the Diary for the times of services.

Aerial Yoga Jam, Chyan Cultural Centre, 10am-1pm. Contact Nay, naysjoga@gmail.com.



(All six-digit phone numbers are 01326 unless specified)

Mabe Diary

December 2019

Wed 4 - Comedy Club, 8.30pm, Performance Centre. www.amata.org.uk/comedy-december-2019

Sat 7 - The Bowie Lounge: Idiot Love, 7.30pm, Performance Centre. www.amata.org.uk/bowielounge

Sun 8 - Quiz, 7pm, The New Inn.

Thurs 12 - Parish Council meeting, WI Hall, 7.30pm. Agenda available on the Parish Notice Board and website (www.mabeparish.co.uk). Open to the public. Contact Lisa Clements, 07964 735219, mabeparish@gmail.com

Sat 14 - Decorate the Tree, 1pm, Mabe Church. *See What's On.*

Sun 15 - MYCP Carol Service, 6pm, Community Hall. *See What's On.*

Mon 16 - Mabe Garden Club: Working at Blenheim Garden, 7pm, Community Hall. Contact David, 376568.

Thurs 26 - Cornwall Astronomy Society, 8pm, WI Hall. Contact Simon Dunkley, 564046.

January 2020

Sat 4 - The Buidy-Uppy Dance Show, 2pm, Performance Centre. www.amata.org.uk/buidy-uppy-02

Tues 7 - WI Meeting: Cornish Weather, 7.30pm, WI Hall. *See p.6.*

Thurs 9 - Parish Council meeting, WI Hall, 7.30pm. Details as for December.

Sat 11 - Soup & Sweet, 12-2pm, Community Hall. *See What's On.*

Sun 12, Quiz, 7pm, The New Inn.

Mon 20 - Mabe Garden Club: AGM/Light Supper, 7pm, Community Hall. Contact David, 376568.

Thurs 23 - Cornwall Astronomy Society, 8pm, WI Hall. Contact Simon Dunkley, 564046.



MYCP Events 2020

January 11th, 12-2pm: Soup & Sweet + raffle. £2.50

February 15th, 2-4pm: Valentines Bingo + raffle.

February 29th, 7.30pm: Cornish Evening, with traditional light Cornish refreshments.

March 19-21st: Panto weekend
April 11th: Quiz Night, £2.50 + raffle.

May 9th: Shindig weekend.

June 14th: Afternoon Cream Tea with Local History, 2-4pm.

July 18th: Village Fete, 11-2pm.

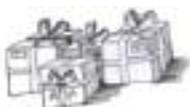
August 22nd: Local Produce & Craft Show, 9-5pm. Cream Teas from 2pm.

September 25th: MacMillan Coffee Morning. 10am-12pm.

September 26th: Quiz Night, 7.30pm. £2.50 + raffle.

October 24th: Craft & Coffee Morning, 10am-12pm.

December 19th: Christmas Carol Service & Draw.



(All six-digit phone numbers are 01326 unless specified)

What's On

On Saturday 14th December at 1pm why not come along to Mabe Church, bring a bauble or two, and help decorate the **Church Christmas Tree**? Free mulled wine, squash, tea/coffee, mince pies!

Mabe Youth and Community Project invite all to their **Annual Carol Service** which will be held in the Community Hall on Sunday December 15th at 6pm. There will be traditional carols, interspersed with readings, both religious and secular, with various members of the village taking part. It will be followed by refreshments, and the draw of the Grand Christmas Raffle. All proceeds from this go towards the upkeep of the hall and surrounding area for the benefit of all in the parish. Please support this event and keep this facility going for everyone.

The MYCP has plenty planned for next year, beginning with a Soup & Sweet lunch on Saturday 11th January from 12-2pm in the Community Hall. You can get a bowl of soup and a roll for £1, a sweet with cream for £1 and a cup of tea or coffee for 50p.

A complete list of the year's events takings place in the Community Hall can be seen in the box on the left, please contact Rachelle on 375938 for more details.

St Laudus Church, Mabe



December

Sun 1st - 11.15am, Holy Communion (@St Michael's). 6pm, **Advent Service**

- anticipating Christmas and what it means. 7.30pm 'Quiet Space' - gentle music, silence, space to think.

Sun 8th - 9.30am, Holy Communion. 7.30pm 'Quiet Space'

Sat 14th - 1pm, Tree Decorating

Sun 15th - 9.30am, Quiet Traditional Communion, no hymns or sermon.

7.30pm 'Quiet Space'

Tues 17th - 6pm, **Christingle Service** making Christingles together!

Thurs 19th - 7.30pm, **Charity Concert** with 'The Suitcase Singers' in aid of Shelterbox & The Invictus Trust charities. Doors open 7pm

Sun 22nd - 9.30am, Holy Communion & prayer for healing. 7.30pm 'Quiet Space'

Christmas Eve - 11pm, Midnight Communion.

Christmas Day - 11.15am, Morning worship ST MICHAEL'S, PON-SANOOTH.

Sun 29th - 9.30am, Morning Worship. 7.30pm 'Quiet Space'

January

Sun 5th - 10am, service at Mabe Community Centre

Sun 12th - 9.30am, Holy Communion

Sun 19th - 9.30am, Quiet Traditional Communion, no hymns or sermon.

Sun 26th - 9.30am, Holy Communion & prayers for healing. 7.30pm 'Quiet Space'

Your community needs you!

Mabe Youth and Community Project's sole purpose is to provide social and leisure opportunities for the residents of Mabe parish.



The charity depends on volunteers to operate and urgently needs to enlist more support.

If you would like to help in any way please contact the administrator: Phone 01326 375938
Email: mabeycp@gmail.com or via the facebook page.
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Cormorant's visit Eden

Cormorant Class (Year 3/4) had a brilliant visit to the Eden Project this week. We used our map reading skills to find treasure chests hidden around the rainforest biome. The chests contained costumes to dress up in and challenges to solve. We made rubbings of cacao leaves, drew the pods, solved maths questions and described chocolate.

Our final challenge was to make up a short drama based on cacao and some of the characters we had met along the way. We earned (chocolate) prizes for completing the challenges and we are now officially recognised chocologists! *Mrs Robinson*



Some of Cormorant class at Eden

Successful Garden Club coffee morning

Always an event to look forward to, Mabe Garden Club's Annual Coffee Morning with The Scamps, was it's usual success.



Carol was in charge of the plants

For those who are wondering, The Scamps run a family busi-

ness, Scamp's Daffodil's, whose catalogue includes around 2500 different varieties of daff sourced from around the world. As a professional grower Ron has achieved many awards including RHS gold, the E.H Trophy for best exhibit and the Lawrence Medal.



Rosemary, Sue & Sylvia



Adrian, Ron & Sharon Scamp at the Garden Club Annual Coffee Morning

Village Christmas Raffle

Every year, the village's very own charity, MYCP, raises funds for the Community Hall/Play Park/Field/Skate Park through the sale of Christmas Raffle tickets at 50p a ticket. Please look out for sellers coming round, or buy them from the Community Centre, and help support the village!

Prizes include: £10 Gift Voucher from Mallets Home Hardware; Cream Tea for 2 at the Budock Veian Hotel; £25 Voucher for Waves Hairdressers; Cream Tea for 2 at the Greenbank Hotel; 1 Day Family Ticket to the Eden Project; 1 Day Family Ticket for the Lost Gardens of Heligan; Garden Entry & Cream at Trebah

Gardens; Tea for 2; £20 Gift Voucher for Trago Mills; £25 Gift Voucher for S. Littlejohns Massage Therapist; Tub Of Roses & Wine.....

Mabe Shinty Club

The beginning of November saw the return of Shinty to the school field for a day, with all 6 of the local teams playing.

Mabe are currently ranked 4th, having played 3 games, winning two and losing one after not being able to field a team. However, they have played 1-3 fewer games than the other 5 teams, so are still in with a good chance at the top of the table.

To find out more, contact mabeshinty@gmail.com.



Some of the Grounds Team from Tremough helped spruce up Mabe Memorial Garden ready for the Remembrance Day parade on Sunday. One of the names on the memorial stone is that of a gardener from Tremough who died in WW1



The annual Harvest Fayre took place in Halvasso on Sunday September 20th.

There were some great entries for the competitions, which included making a Fairy Garden and the largest vegetable!

Table Top sale

Mabe Twinning Association organised a table top sale at the WI Hall on Saturday 9th November. Tables were manned by the WI, Flicka, St. Laudus Church, Vanessa

Ward, Janet Pearce and Alison Collins.

Despite the awful weather, people turned out and we were kept busy until the raffle was drawn towards the end of the morning. Thanks to everyone's kindness we made £177.60 on the event, which will contribute towards hosting our French partners when they come to us in Mabe.

The main reason for planning the sale was to get together with other groups in the village and to raise our profile amongst people who might like to join us on our upcoming visit to Primelin in Brittany. We will be going on Thursday April 23rd, 2020 and returning on Monday 27th.

We welcome new members and anyone interested in joining the Mabe Twinning Association for a fun weekend in France can contact Denise at denisedavey@tiscalico.uk.



Mabe Twinning Association held a table top sale, raising money for next year's trip to France

Marla and Peaches: Saved from certain death

At the beginning of November Flicka heard about two beautiful donkeys, Marla and Peaches, (mother and daughter, aged 21 and 17 years old) who were in a holding pen with the "meat man" in France.



Marla and Peaches were saved from certain death by the Flicka Foundation

Unbelievably, they were taken there when their previous owners could no longer care for them. They were due to make the horrific journey to the abattoir in Italy, where they would be slaughtered, in just one weeks time.

We had to act fast to save them from certain death and get them to a safe holding, but, first, we urgently needed to raise the funds to make this happen. We knew we would need a minimum

of £4000 to cover their boarding fees, transport to the UK (£2000), paperwork and veterinary certificates (around £200) and that their quarantine and initial veterinary and healthcare costs could easily exceed £1000. From the information we had, we knew they were underweight, their hooves were too long and photographs showed that they needed dental work, so we were also anticipating expensive farrier and equine dentist fees.

We frantically launched an urgent fundraising appeal and we were truly overwhelmed by the kind and generous support we received - hitting our target in less than 24 hours! As soon as we had raised the necessary funds to save Marla and Peaches, we worked quickly, liaising with our contacts in France to ensure we could rescue them in time, and we are so happy to share that we did.

We are now working on getting them over to our sanctuary, where they will receive the veterinary treatment and healthcare they need and, of course, the love and attention they crave.

A massive, heartfelt thank you to everyone who made this happen... from everyone at Flicka and, of course, from Marla and Peaches who will now get the chance at life they deserve. We will keep you updated on their arrival!

Winter night skies

As the winter constellations of Auriga, Taurus, Gemini and Orion move slowly westwards across the sky, the earth's rotation makes them inch along at one degree (twice the width of a full moon) every four minutes. With binoculars try and pick out in Auriga the three faint clusters M36 M37 and M38.

The plough is now much higher in the sky, standing on its handle in the north east. Draco the dragon is low in the north and its main star Thuban was the pole star of the ancient Egyptians but the procession in the earth's axis has now brought Polaris into that position. Look with binoculars between Deneb and Cepheus for the compact triangular cluster of M39. The light from this cluster has been travelling towards us since the Magna Carter was signed in 1215.

High overhead is a bright yellowish star Capella, the sixth brightest star in the night sky which in reality is a four star system consisting of two giant stars and two very much smaller red dwarfs.

Saturn and Jupiter will by mid-December have disappeared from view in the evening sky. Venus will be briefly visible in the evening sky from mid-December onwards but by mid-January it will be visible for about three

hours after sunset.

We do have a two meteor showers to look out for during this period.

The Geminids peak in the small hours of December 14th, the Moon is not favourable. The radiant will be in Gemini, the home to Castor and Pollux, high in the east south east.

The 3rd and 4th of January brings the Quadrantid meteor shower, the radiant is low in the North East, the Moon will this time cooperate!

A comet is paying us a visit, 289P/Blanpain which can only be seen at present with large telescopes. By December though, it is predicted to be a naked eye object. Do not count on this because Comets are very fickle in this respect, but you should be able to see it with binoculars even if it does not brighten to the degree forecast. It will be closest to us, at perihelion, on the 20th of December; find a good dark site and look to the South South west at about 40° altitude. Alternatively find the great square of Pegasus and extend a line downwards on the western side from Sheat on the top corner through Markab on the bottom corner for about the same distance between the two.

Robert Beeman
Cornwall Astronomy Club
Mabe Burnthouse Village 

MacMillan Coffee Mornings

Mabe hosted two World's Biggest Coffee Mornings to raise money for MacMillan Cancer Support on Friday 27th September.

One, at The New Inn, raised £135.26, whilst the other at the Community Hall raised £701.05. Well done to both groups for their efforts!



Above & Left: Cakes at The New Inn's MacMillan Coffee Morning



The raffle prize table at the MYCP MacMillan World's Largest Coffee Morning

Mabe Matters is published by Mabe Youth and Community Project, Cunningham Park, Mabe Burnthouse, Cornwall, TR10 9HB. Editorial Team: Liz Dunstan, Jackie Frost, Liz Westhead, Candia Cox (illustrations), Amanda Wills (editor).
Distribution co-ordination: Liz Dunstan.

Deadline for next issue: 15 January 2020. Please send your events, news, notices, letters etc to the address above or to mabematterseditor@gmail.com.