

A community newsletter funded by Mabe Youth and Community Project and Mabe Parish Council to provide news, share views and publicise events. Printed by Booths Print, Penryn.

Mabe Parish is developing a neighbourhood plan

The Parish Council has supported the development of a neighbourhood development plan to cover the whole of Mabe Parish and we need our community to get involved and help us to get it right.

What is Neighbourhood planning ?

Neighbourhood planning gives communities the opportunity to set out their vision for their neighbourhood and shape development and growth (housing, industry, infrastructure) in their local area. A neighbourhood plan bolts under Cornwall Council's Local Plan to strengthen and add local detail to how devel-



opment should happen in Mabe.

What are the benefits of de-veloping an NDP?

We can map how to make development make sense to local people. We will be able to get the right type of development for the needs of the community and better control developments that do not. *Cont.p2*

Congratulations to Sophie Bossinger who was the winner of the Mabe Christmas Lights (MCL) Easter Hamper prize draw for the Village Egg Hunt. MCL would like to thank everyone who took part!

Inside: News, p.1-6



Diary & What's On, p.7-10



Articles, p.10-16



Cont.from front page

This means we can do our best to take control and ensure local building projects benefit Mabe, fit with our ideals and reduce the amount of time we have to spend fighting inappropriate development imposed on us.

With an NDP we can put in place planning polices that will help deliver our ideal vision to enhance our community. It will also mean that we secure more money from development to invest in community infrastructure than without it.

Who does all the work?

A steering group will be responsible for developing the whole NDP. Members will come from the Parish Council, local businesses and the community at large.

Groups will focus on smaller areas within the whole plan – it could mean looking into traffic & transport, housing, tourism links, talking to local businesses, assessing community facilities and needs – really it is up to the parish as a whole to decide where to start and what to include.

How can I get involved?

To date a small handful of the local community most affected by recent development issues in the village have started off but WE NEED YOU NOW to get involved.

We are looking for passionate people from every corner of the Mabe Community to come and help do the work, provide ideas, and make this happen. We want as many Mabe residents as possible to input into its production so we get it right for us and all future communities of our wonderful home.

If you are interested, email the NDP team at ndpmabe@ gmail.com, attend the Parish Council meetings (see p.8), keep an eye on the updates in Mabe Matters and look out for our first event to be held in the Autumn where we'll be on hand to talk with you and give a proper introduction.

More info:



www.mabeparish.co.uk/ neighbourhooddevelopmentplan

www.cornwall.gov.uk/ neighbourhoodplanning

Thank you Mabe Brownies!

Thank you to the Brownies and their leaders for the beautifully decorated ornamental Easter eggs that now grace the tree above the Easter Garden in the churchyard. Every year the brownies refresh the garden and come up with new ideas for the tree and it's always a lovely surprise to see what they've dreamed up! *Rev. Steve*

Mabe schoolgirl gets the chop!

Lowenna Livermore has just turned 7 years old, but she was still only 6 when she decided to cut her beautiful long hair to help people with cancer.



Preparing to cut Lowenna's hair

It was her first ever haircut and she was pretty nervous about it, but she had seen a video on YouTube of another girl who had had her haircut to make wigs for children who had lost their hair during cancer treatment.

Lowenna went to Plymouth to have her hair cut by her auntie who took off 11 $\frac{1}{2}$ inches!

Lowenna also raised £584 in sponsorship which she added to the fundraising at Mabe School where she is a pupil. Everyone at the school wanted to help raise money for the new centre at Treliske when one of the teachers, Mrs Fisher became ill and Lowenna has managed to help cancer sufferers twice, with money and by donating her hair.

Lowenna loves being in Class 2 at Mabe School. She enjoys Maths, Art, Writing and project work. Her favourite colour is green and she likes dogs and unicorns.

Lowenna thinks the best thing about living in Mabe is that everyone is kind. She said it is funny having short hair, she keeps think it is stuck down the back of her jumper, but it isn't.



Lowenna after her hair cut, which raised £584 as well as donating the hair to charity too

We think she looks great with her new hairstyle and she will have helped many people in Cornwall. Well done Lowenna!

Jackie Frost

Fundraiser for Alexandra Phillips' wheelchair

Alexandra Phillips soon will be returning home to Mabe after a serious collision left her in hospital for nearly a year.

Last year, her car was in a headon collision with a coach on the A393 Lanner road and she sustained a fractured jaw and four broken ribs, alongside a serious head injury which led to a traumatic brain injury. Doctors said she had a less than ten per cent chance of survival.

Alexandra spent weeks battling for her life, including 5 weeks in a coma, before her condition sta-



Alexandra was on her way home from visiting her two horses when she was in a head-on collison with a coach

bilised, and she has spent the last six months in Mount Gould hospital's neuro-rehabilitation unit in Plymouth.

Alexandra's mum, Sarah Evans, said: "She defied all odds really. She's a miracle."

When asked what she was looking forward to most about Alexandra's homecoming, Sarah said: "Just having her about, she's my best friend as well as my daughter. Just to have her home and be part of normal family life again and just spend more time with her."

She added: "She's a very strong, determined, focused young woman so I'm sure she will be fighting and battling constantly to be living independently again."

Alexandra is a "real outdoors person", and godparents Helena and Jamie Truen have set up a fundraiser for an all-terrain wheelchair so that she can properly appreciate the countryside.

"We want her to be able to have the chance to do all the things that she loves the most - spending time on the beach or in the woods with her dog Doug and also going to the field to visit her two gorgeous horses."

"We feel that being able to do the things that she loves so much will have a massive positive *Cont. opposite* *Cont. from opposite* impact on her continuing recovery."

Before the accident, Alexandra worked full time as a Finance Assistant and lived with her partner in their own home that they had bought the previous year, now she will need 24 hour care.

The Crowdfunder had raised over £6000 at the time of writing, with a £10,000 goal to cover the cost of the all-terrain wheelchair.

To make a donation, visit:



crowdfunder.co.uk/fundraising-for-an-all-terrainwheelchair

MYCP Volunter Day

Thanks to the volunteers who helped with work around the Community Hall on April 13th.

Thanks to George, Ivor and Kenny who helped remove the trimmings from the hedges around the carpark. Lana and Sue for clearing the debris from the gutters to prevent it clogging the drainage system. Thanks to Jez for giving up your afternoon to help remove the old goalposts to keep field users safe.

Thanks to all of you for giving up your time to make a noticeable difference around the hall and hopefully inspire others to help out with upkeep of our fantastic facilities.

Just a thought...

Thinking about stuff is not something we are encouraged to do so much these days.



We are invited to 'Like' 'Share' or 'Comment' on Facebook – which I find can be rather too quick and easy to do and which are often about my wanting to voice my opinions ("HAVE YOUR SAY!") rather than the result of real thoughtfulness.

There are lots of special days in the church's calendar for thinking about certain groups of people or issues – Sundays in June and July include days to think about the environment, people with disabilities, and of course there is also Fathers' Day on the 16th June.

Special days help us remember to give thought to people and things, but they can tend to make us think about these things only at set times.

Regularly taking time out to reflect is not only good for our mental and physical health, it is also a way for us to consider others, it is a simple yet powerful thing to do that can lead to us making and reinforcing good relationships. For me, one of the best cards to receive is the one that just says "Thinking of you..."

Rev Steve

School Trip to Trenoweth Quarry

To complete our 'Mabe Matters' unit, Curlew Class (year 2) visited Trenoweth Quarry, the last working granite quarry in our area.

Tim Marsh, the owner, showed us around the actual quarry itself, the sawing machines and the stonemasons' area. We were very interested in the process and asked lots of great questions.

Interestingly, the stonemansons were using the same tools that were used over 200 years ago.

Sadly, not many people are skilled in granite masonry nowadays, so it really is a niche employment. Many Curlews said that they faniced giving the job a go! Wouldn't it be lovely to keep this specialised skill alive in our village? Julia Pearce





Tim Marsh showed the Curlews around his quarry

Please send details of events happening within Mabe civic parish in Aug/Sept to mabematterseditor@qmail.com by 15 July 2019. Venue details:

- Mabe Community Hall, Cunningham Park (375938 or mabevcp@amail.com)
- Mabe Community Primary School, Cunningham Park (secretary, 372662)
- Mabe Parish Church (St Laudus), Church Road, towards Higher Spargo (administrator, Pauline Cheshire, 340425)
- Mabe WI Hall, Antron Hill (bookings, 372477)

Weekly Events

Mon Short Mat Bowls Club, Community Hall, 2-4pm. Contact Keith Bryant, 373102. Cardio Box/Fitcamp Class, WI Hall, 6.15-7.15pm. Contact Ali or Carmela, 07988 140745. Mabe Keep Fit Club, WI Hall, 7.30pm. Open Water Swimming, Kernow Adventure Park, 6-8pm. Contact, 07817 662 962

Tues Age Concern Luncheon Club, Community Hall, 12.30-2pm. Contact Community Hall (11.30-12.30pm), 377475. Slimming World, Community Hall, 4.30 & 6.30pm. Contact Pam Mundy, 01209 204743 or 07503 945600. Nature Playgroup, Chyan Community Field, 10am-12pm term time. Contact Alice, 07576 748450.

Wed Short Mat Bowls League (winter only), Community Hall, 2-4pm. Contact Keith Bryant, 373102 Daisy's Yoga, Chyan Cultural Centre, 6-7pm. Contact Daisy, 07837 879876

Thurs Kernow Huffa Puffas, a support, exercise and social group for people with COPD and their carers, 10am-12pm, Community Hall. Contact Trish, 07814 911406 or Rick, 07599428364. Carpet Bowls Club, Community Hall, 2-4pm. Contact Arthur Searle, 377088.

Brownies, Community Hall, 6.15-8pm. Contact Jackie Williams, 372863.

Aikido, Japanese martial art, beginners welcome, 7-9pm, Mabe School. Contact Jamie Matthews, 375336.

Fri Short Mat Bowls Club, Community Hall, 2-4pm. Contact Keith, 373102.

Trenoweth Methodist Church, Community Hall, 10.45am-Sun 12pm. Contact Margaret Bryant, 373102. Mabe Parish Church (St Laudus), with St Michael's Church, Ponsanooth – please see the Diary for the times of services. Aerial Yoga Jam, Chyan Cultural Centre, 10am-1pm. Contact Nay, naysjoga@gmail.com.



(All six-digit phone numbers are 01326 unless specified)

Mabe Diary

June 2019

Tues 4 - Mabe WI Open Evening, WI Hall, 7.30pm. *See What's On.* Sat 8 - Race Night, New Inn,

8pm. See p.11.

Mon 10 - Jim Carey and the Saboteurs presents: Riots and Lobsters: Gala Performance with special guests, 7.30pm, The Performance Centre. See What's On.

Thurs 13 - Parish Council meeting, WI Hall, 7.30pm. Agenda available on the Parish Notice Board and website

(www.mabeparish.co.uk). Open to the public. Contact Lisa Clements, 07964



735219, mabeparish@gmail.com

Sun 16 - Fathers Day Service, Mabe Church, 9.30a. See What's On.

Thurs 27 - Cornwall Astronomy Society, 8pm, WI Hall. Contact Simon Dunkley, 564046.

July 2019

Tues 2 - WI Meeting: Infamous Women, 7.30pm, WI Hall.

Thurs 11 - Parish Council meeting, WI Hall, 7.30pm. Details as for Feb.

Looking ahead...

This year's annual MCL 'Christmas Down Under' BBQ is on Wednesday 14th August from 4pm so start digging out those Hawaiian Christmas shirts! Mon 15 - Mabe Garden Club: Hidden Garden, 7pm, Community Hall. Contact David, 376568.

Thurs 25 - Cornwall Astronomy Society, 8pm, WI Hall. Contact Simon Dunkley, 564046.



June

Sun 2nd - 9.30am, 7th Sunday of Easter - Environment Sunday, Morning Worship

Sun 9th - 9.30am – Pentecost (Whit Sunday) - Communion

Sun 16th - Fathers' Day - special service

Sun 23rd - 9.30am, Trinity 1- Communion & Healing Prayers

Sun 30th - Trinity 2 - Traditional Communion, plus at 7.30pm '30odd minutes of space just 'to be'

July

Sun 7th - 10am, Trinity 3 Morning Worship at Mabe Community Centre

Sun 14th - 9.30am, Trinity 4 Disability Awareness Sunday - Communion

Sun 21st - 9.30am, Trinity 5 Traditional Communion

Sun 28th - 9.30am, Trinity 6 Communion & Healing Prayers plus at 7.30pm 30-odd minutes of space just 'to be' ...

(All six-digit phone numbers are 01326 unless specified)

What's On

Mabe W.I. would like to invite you to our **Open Evening** on Tuesday 4th June at 7.30 p.m., when we hope to show you what the W.I. is all about and possibly tempt you to join us.



We have previously enjoyed marvellous talks on Queen Victo-

ria by a very gifted historian, Susan Symons, and Susan will be coming along once again with the third talk on Victoria's later years, called "The Widowed Queen Victoria".

Not at all dry or dusty, Susan's presentations bring Victoria's amazing reign alive and we have all been entertained and educated at the same time.

This will be followed by refreshments with home-made cakes in the proper W.I. tradition, and I feel sure we will have a lovely evening.

If you would like to know more, please give Liz a call on 01326 372978 or just drop in at Mabe W.I. Hall on 4th June, we will be waiting to meet you!

On Monday 10th June, audiences will be enthralled by a unique evening of music first created for plays including Ting Tang Mine,

The Bogus, The King of Prussia, and The Riot. toured nationally by Kneehigh in the 1990s. All the music has been reimagined and arranged by the original composer Jim Carey, and played by his 8-



piece multi-instrumentalist band, **The Saboteurs.** This special **Gala Performance** also features the St Kerverne Band and a Community Choir.

Tickets: £15/£12 concessions Book online:

0

https://amata.ticketsolve .com/shows/873600407

Every year we celebrate Mothering Sunday but Fathers have up till now missed out on a church service just for them. So this year Mabe Church will be having a special **Father's Day Morning Worship service** to give thanks for dads - and to give some thought to what it means to be a father. Usual 9.30am service time - refreshments afterwards as always. (Mums and kids also welcome!)

9

Donkey sanctuary calls for volunteers

As the busy summer season approaches, The Flicka Foundation is appealing for volunteers to help in various roles at their donkey sanctuary in the village.

If you are over 16 and can spare some time to help provide a safe and happy home for life for donkeys then please contact us to find out more.

About the volunteer roles

Friendly, reliable and confident volunteers are needed to help at the sanctuary during public opening times - Tuesday to Thursday plus weekends and Bank Holidays, including during school holidays. Ideally suited for those who are great with people and are passionate about animal welfare.

Volunteer Tea Room Assistants

When: Various times between 11am and 4pm.

What: Preparing and serving drinks, snacks and light refreshments to our visitors. Clearing and washing crockery and utensils. Taking payments.

Who: You'll be friendly and confident with great customer service skills.

Volunteer Meet and Greeters

When: Various times between 11am and 4pm.

What: Welcoming our visitors.



Providing information and directions around the Sanctuary. Serving in the gift shop. Taking payments.

Who: You'll be friendly and confident, the welcoming face of the Flicka Foundation.

Volunteer Yard Assistants

When: Opportunities from 9am, various all days throughout the week.

What: Keeping all areas clean and tidy. Mucking out stables and donkey barns. Muck clearing in the fields. Putting out hay and haylage.

Who: You'll be fit to carry out manual labour ideally with an interest in, or experience of, equine/animal care.

Builders, surveyors, architects...

As part of our mission to provide a happy and healthy home for the donkeys in our care, we are planning to build a specialist *Cont. opposite* equine hospital wing at the sanctuary. The facility will reduce the stress of treatment for sick donkeys, save us vital funds in transporting donkeys to the nearest hospital in north Cornwall, and will provide a valuable resource for vets, and horse and donkey owners, in the local area.

Planning and fundraising for this ambitious project is in the very early stages and weare looking for skilled volunteers to help take it forward. If you have expertise in construction, surveying or architecture and could donate some of your time to help the charity provide this valuable local resource for donkeys and horses, please get in touch.

To donate please visit www.flickafoundation.org. uk

Contacts: 01326 373601 For volunteering roles: volunteerflicka@gmail.com For equine hospital project: info@flicka.org.uk

Mabe Church roof appeal

Following a successful fund-raising Safari Supper recently we are now looking forward to the annual Vicarage Garden Party - this will be some time in August so please watch out for that and also for our ongoing programme of musical and other concerts at St Laudus. Later in the year we shall be launching our 'Sponsor a church roof slate' campaign which will enable people to dedicate individual slates to loved ones. And thank you very much to those who have already made donations either direct to me or in the donations plate at church. Any and all donations to the roof fund or for the general upkeep of the church are very gratefully received, thanks. *Rev Steve*

Easter Fun Day and what's next in 2019

The Christmas lights team would like to thank everyone for supporting the Easter fun day event at the Community Hall on Good Friday.

It was a lovely sunny day and lots of people turned up to play the outdoor games and our fund raising stalls. We raised just over £150. This is an amazing total considering all the features of the day were costing between 20p and 50p!

We are now gearing up for our next event which is a Race Night on Saturday 8th June and as this coincides with the Queens official birthday we have decided to make it a royal event!

All the horses names will be in theme with the Monarchy and we invite all participants to dress up and/or don a prim and proper hat if they feel so inclined!

The first race kicks of at 8pm and if you want to book a lovely dinner first, call 01326 374466 to secure a table. These events are very popular.

Signs for the Future

The fingerpost in Halvasso was one of the finest examples of its kind, giving directions to 10 locations from Truro to The Lizard. Some villages have a square, but the Halvasso sign post is on the Triangle. Over time it became rusty and chipped and eventually lost one of its fingers. The council don't restore the old Cornish finger posts anymore because they are not recognised as valid sign posts now.



The people of Halvasso have clubbed together to repair their finger post

However the people of Halvasso spear-headed by the Cox and Dewar families came together to repair and renovate the finger post adding a handsome new finial on the top.

The new fingerpost was celebrated with a tea party in the Cox polytunnel, where despite the rain members of the village turned out to eat cake and commemorate the moment with a poem by Halvasso's resident poet, Vince Fenner. An extract of the poem is published below. Don't forget to have a look at the sign if you come through Halvasso.

ROOTED TO THE SPOT (or, perhaps, spotted for the route)

Here I stood streaked with rust. Streaks born not of tears But harsh weather, cold winds, hot sun,

Not much fun.

I feared I would be torn limb from limb Finger from finger Not allowed to linger Here, but abandoned, recycled, replaced probably By Upvc.

I stand on this junction With no compunction I make no assumptions Go where you will Three ways Three choices My three voices

On my Southern arm I speak Of Lizard, Constantine and Gweek

To North, again in truth Stithians, Helston and Redruth Whilst picked out in evening's afterglow

Longdowns, Penryn, Falmouth and Truro Jackie Frost

Can you spot the dolphin?

Robert Beeman of the Cornwall Astronomy Society tells us what to look out for in the skies above us during June and July.

In the south-eastern sky, the first thing to appear at dusk is the Summer Triangle, formed by the three bright, white stars Vega, Deneb and Altair. The Milky Way traverses the Triangle, within which lies the star Sadr; in Arabic "the breast" due to its position in the constellation of Cygnus the Swan. William Herschel, the discoverer of Uranus in 1781 declared the area around Sadr as the "starriest place in the northern heavens".

Locate Deneb, and then extend a line downwards through Sadr to Alberio, one of the most spectacular double stars in the night sky; even a small telescope will reveal the contrasting blue and gold/yellow of the two compo-

nents, well worth a look even if you have seen it before.

On the western bank of the Milky Way below Cygnus, look out for the little leaping dolphin, Delphinius, one of the smallest constellations of the northern sky. Close by is Sagitta the Arrow aimed at Vulpecula the Little Fox.

Moving east and south from Cygnus low on the horizon you should be able to find Antares, a red supergiant about 600ly away. This has a very faint blue companion star in a 900 year orbit.

Further to the west and at about the same altitude as Antares is Spica which is a blue white main sequence star about 260lya.The Greek astronomer Hipparchus (190-120BC) discovered a small historical shift in the star's position caused by the slow "wobble" of the Earth's axis which gives us the precession of the equinoxes.

At around midnight, end of June early July there will be a very nice arrangement of planets and stars with Jupiter and Antares almost due south, Saturn to the east and Spica to the west. Although all will be low on the horizon (you may need to seek higher ground to get a clear horizon), if you pick a night when the Moon is not in the south it should be a fine sight.

Garden Club wins at Falmouth Spring Flower Show

Mabe Garden Club did well at the 109th Falmouth Spring Flower Show in March, retaining the George Sowden Trophy thanks to a beautiful display by Carol Bailey.



Mabe Garden Club retained the George Sowden Trophy at this year's Falmouth Spring Flower Show

The George Sowden Trophy is awarded for the best display by a group, and must include: 6 different daffodils staged in 2 vases, 3 stems to each; 3 different camellias; 1 flowering pot plant; 1 foliage pot plant; and 1 pot cactior succulent.

Other club winners included Val Bidgood, who took first place



Val Bidgood did well with her cactii and succulents.

with her cacti and Jean Cook, who swept the board with her Camellias, winning the W.J.Bull Memorial Cup. Mike Brereton, who judged the bumper crop of cacti said it was a "privilege" to see such good plants.



Jean Cook swept the board with her Camellias.

"VILLAGE" event a success

On Thursday 28th March, villagers were invited to the Community Hall for something a bit special.



Dancers, including Polly Motley (above), performed impromtu dances based on villagers descriptions of their favourite places

Part of a Community Arts project called "VILLAGE", involving five Cornish villages and looking at what we mean by 'community', this event was a fun evening of live music from Claire Ingleheart and the Suitcase Singers, live dance performances from dancers Polly Motley and Emily Alden, craft activities, games, plus free tea/coffee, cake and biscuits!

Organised by the Simon Birch Dance company, the evening was part of the preparation for a year-long project, which it is envisaged will culminate in a special performance to celebrate and share what it means to be a 'village'.

Director Simon Birch held similar preparatory events at Tregony and Carn Brea in May and funding-permitting, Simon will return to Mabe to complete the main part of the project later this year.





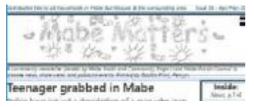
Villagers of all ages enjoyed getting stuck into making Mother's Day cards and postcards of Mabe

Top: Liz and Ruth; Bottom: Beth

Guest illustrator for Mabe Matters

Eagle-eyed readers of the April/June issue of Mabe Matters may have noticed something different about the front page.

Here's a reminder:



The difference is, our usual illustrator, the wonderfully talented Candia, stepped aside to make way for Skye, seen to the right.

Mabe School's Curlew Class (Year 2) has been studying the topic of Mabe Matters this term. This has involved various pieces of work, including learning about the history of Mabe.

Teacher Julia Pearce tied in a lesson on font design by having the children produce header fonts for our very own Mabe Matters, after which the teachers voted for their favourites before passing a shortlist of 6 to Mabe Matter's editor, Amanda Wills.

The standard was high, and it was a shame that readers cannot



Skye's illustration was choosen by the editor to grace the last issue of Mabe Matters

see the wonderful colours involved in the fonts, and it was a hard choice to make, but eventually Amanda decided on Skye's.

"I love the way Skye has filled the letters with patterns, rather than blocks of colour, which makes the design stand out better. And the suns and the rabbits made me think of spring, and the hope that the weather will improve soon!", Amanda commented.

It would be a shame to waste the runner-up's designs, so look out for them in future editions of Mabe Matters!

Mabe Burnthouse Village

f

Mabe Matters is published by Mabe Youth and Community Project, Cunningham Park, Mabe Burnthouse, Cornwall, TR10 9HB. Editorial Team: Liz Dunstan, Jackie Frost, Liz Westhead, Candia Cox (illustrations), Amanda Wills (editor). Distribution co-ordination: Liz Dunstan.

Deadline for next issue: **15 July 2019.** Please send your events, news, notices, letters etc to the address above or to *mabematterseditor@gmail.com*.